

Severn Loop Summer 5km Race

27th June 2010

Race#	Poss	In Cat	NAME	CLUB	Cat	Ave Leaders Time (1st 10)	1%
						TIME	%Leader
178	1	1	Paul Ward	Wrekin RR	M40	0:15:45	105%
190	2	1	Robin Sedman-Smith	Telford AC	SM	0:16:11	103%
57	3	2	Daniel Young	U/A	SM	0:16:20	102%
157	4	1	Dave Mansbridge	Telford AC	M45	0:16:25	101%
176	5	3	Peter Middleton	Shrewsbury AC	SM	0:16:28	101%
89	6	2	Ian Coupland	Shrewsbury AC	M40	0:16:28	101%
182	7	3	Paul Jones	Oswestry Olympians	M40	0:16:29	101%
147	8	1	Tony Power	Telford AC	M50	0:17:04	97%
81	9	4	Mark Cosford	U/A	SM	0:17:25	95%
170	10	5	Richard McNenna	U/A	SM	0:17:29	95%
161	11	2	John Garmson	Telford AC	M45	0:17:36	94%
163	12	3	Haydn Jones	Maldwyn	M45	0:17:38	94%
65	13	1	Gary vickers	Telford AC	?	0:17:48	93%
171	14	4	Kev Francis	Shrewsbury AC	M40	0:17:52	93%
183	15	4	Stuart Penny	Chepstons Harriers	M45	0:17:54	93%
63	16	5	Gary Harper	Shrewsbury AC	M45	0:18:00	92%
192	17	6	Richard Jones	Maldwyn	M45	0:18:01	92%
76	18	2	Keith Sylvester	Shropshire Shufflers	M50	0:18:22	90%
79	19	7	Mark Paviour	Croft Ambrey	M45	0:18:44	89%
188	20	10	Tim Smith	Shrewsbury AC	SM	0:18:48	85%
187	21	6	Robert Kerr	U/A	SM	0:18:49	88%
164	22	5	Dan Croft	Biggleswade	M40	0:18:55	88%
194	23	7	Grant Lloyd	Shrewsbury AC	SM	0:19:01	87%
186	24	1	Edward Davies	Maldwyn	M55	0:19:04	87%
166	25	2	Kevin Evans	Wenlock Olympians	M35	0:19:04	87%
165	26	8	Morman Tilly	Shropshire Shufflers	M45	0:19:04	87%
184	27	8	Huw Vaughn-Jackson	RSSH	SM	0:19:07	87%
84	28	9	James Toddington	Wolv/Bilston	SM	0:19:11	87%
159	29	9	Harvey Morgan	Oswestry Olympians	M45	0:19:19	86%
99	30	3	Grahame Hughes	Mercia	M50	0:19:26	85%
47	31	10	Duncan Beales	Shrewsbury AC	M45	0:19:31	85%
62	32	6	Andy White	Wrekin RR	M40	0:19:31	85%
174	33	3	Ian Lowe	Oswestry Olympians	M35	0:19:34	85%
88	34	2	Paul Gresty	Shropshire Shufflers	M55	0:19:37	85%
78	35	1	Susan Davies	Croft Ambrey	L45	0:19:40	84%
55	36	11	Matthew Brown	Shrewsbury AC	SM	0:19:45	84%
71	37	1	Helen Skelton	Newport & District	SL	0:19:50	84%
83	38	4	Adrian Capes	U/A	M35	0:20:01	83%

191	39	4	Nick Page	U/A	M50	0:20:17	82%
185	40	5	Alan Richardson	U/A	M35	0:20:20	82%
92	41	7	Philip Roberts	Shropshire Shufflers	M40	0:20:25	81%
175	42	5	John Morris	VCAC	M50	0:20:29	81%
169	43	11	Andrew Cole	Newport & District	M45	0:20:32	81%
151	44	1	Helena Bramwell	Shropshire Shufflers	L40	0:20:37	81%
162	45	12	Sean Hickey	Shrewsbury AC	SM	0:20:42	80%
193	46	2	Lauren Davies	Oswestry Olympians	SL	0:20:57	79%
173	47	1	Michael Witside	Tattenhall Runners	M60	0:20:59	79%
158	48	3	Duncan Rose	Shrewsbury	M55	0:21:18	78%
160	49	2	Lisa Blagden	Telford AC	L40	0:21:23	78%
75	50	12	Andrew Williams	Shropshire Shufflers	M45	0:21:28	77%
180	51	1	James Humphrighs	RSSH	JM	0:21:32	77%
59	52	6	Dan Fleetwood	Shrewsbury AC	M35	0:21:42	77%
181	53	2	Henry Dashwood	RSSH	JM	0:21:46	76%
98	54	3	Tess Hughes	U/A	SL	0:21:50	76%
95	55	8	David Scotcher	M/D Running Club	M40	0:21:56	76%
44	56	13	Simon Plant	U/A	SM	0:21:57	76%
49	57	9	Lee Perry	U/A	M40	0:21:58	76%
97	58	4	Derek Owen	Shrewsbury AC	M55	0:22:10	75%
69	59	7	Adam Lewis	U/A	M35	0:22:18	74%
179	60	3	Sam Watts	RSSH	JM	0:22:34	74%
77	61	6	Les Rowlinson	Shropshire Shufflers	M50	0:22:41	73%
177	62	14	Jason Howes	U/A	SM	0:23:21	71%
36	63	15	Stephen Hunphreys	Oswestry Olympians	SM	0:23:25	71%
172	64	13	Robin Elliot	Shropshire Shufflers	M45	0:23:44	70%
189	65	8	Justin Duckett	Wrekin RR	M35	0:23:47	70%
40	66	2	Christopher McDonald	U/A	M60	0:23:53	70%
93	67	1	Grace Hough	Telford Harriers	L60	0:23:53	70%
64	68	7	David Webb	Shropshire Shufflers	M50	0:23:54	69%
56	69	4	Amy Doyle	U/A	SL	0:23:56	69%
86	70	16	Thomas Lewis	Wrekin Orienteers	SM	0:24:02	69%
152	71	3	Lisa Millar	Newport & District	L40	0:24:04	69%
66	72	1	Barbara Cosford	U/A	L55	0:25:34	65%
94	73	1	Deborah Scotcher	M/D Running Club	L35	0:25:48	64%
67	74	14	Paul Furber	Shropshire Shufflers	M45	0:26:37	62%
90	75	2	Sue Lloyd	Wrekin RR	L45	0:26:38	62%
46	76	17	Jim Collins	U/A	SM	0:26:44	62%
149	77	4	Kirsty Smith	U/A	L40	0:26:59	62%
87	78	5	Katie Spencer	Wrekin RR	SL	0:27:08	61%
96	79	2	Toni Ireland	Newport & District	L55	0:27:12	61%
48	80	5	Rob Leighton	U/A	M55	0:27:17	61%

73	81	10	Chris Tillet	U/A	M40	0:27:22	61%
68	82	2	Angela Dutton	U/A	L35	0:27:33	60%
45	83	18	Ashley Poole	U/A	SM	0:27:46	60%
70	84	8	Howard Davies	U/A	M50	0:27:52	60%
39	85	1	Brian Williams	Shrewsbury AC	M70	0:28:46	58%
82	86	6	Natalie Saleh	U/A	SL	0:29:41	56%
61	87	3	Kathryn McFarlane	NSRRA	L45	0:29:44	56%
167	88	7	Clare Greaves	U/A	SL	0:30:03	55%
53	89	1	Sophie Parr	U/A	JL	0:30:11	55%
74	90	4	Suzanne Thomas	U/A	L45	0:30:28	55%
154	91	2	Evan Williams	Shrewsbury AC	M70	0:30:47	54%
41	92	8	Dulcie Bill	U/A	SL	0:31:36	53%
156	93	5	Alison Hughes	U/A	L40	0:31:38	52%
91	94	3	Leighann Kirby	U/A	L35	0:31:59	52%
80	95	1	Maurice Jones	U/A	M65	0:32:11	52%
148	96	2	Pauline Richards	Mercia	L60	0:32:18	51%
42	97	9	Kevin Bill	U/A	M50	0:32:45	51%
168	98	9	Heather Jolly	Shropshire Shufflers	SL	0:32:52	51%
54	99	5	Alison Parr	U/A	L45	0:34:15	48%
52	100	6	Helen Williams	U/A	L40	0:34:15	48%
43	101	3	Janet Pugh	Wrekin RR	L60	0:34:21	48%
153	102	7	Karen Dayus	U/A	L40	0:37:45	44%
50	103	8	Tina Peck	Shropshire Shufflers	L40	0:40:55	41%
51	104	9	Helen Lorrimer	U/A	L40	0:40:55	41%